

# Track

Last Updated Sunday, January 27, 2019 10:20 pm

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## Kilgour Elementary Track

Welcome to Kilgour Track Registration. Track is a new offering this year, so please read carefully.

Girls and boys in grades K-2 are eligible to register. All skill levels are welcome to participate. We are limiting acceptance to the first 30 registrants. Further registrations will put on a wait list and contacted regarding their participation. Details are below:

Dates: March 5 - May 19, 2019

Meets: 7 meets held at various schools throughout the city

Meet Day/Time: Saturday 8:30am - 10:30am

Practice: Tuesday 5:30pm - 6:30pm @ Withrow High School

First Practice: Tuesday, March 5th

Events: 50m, 75m, 100m, 200m, 4x100m Relay, Softball Throw, Long Jump

Full Details: <https://sites.google.com/site/cincinnati-track-cyo/>

Uniform: Comfortable running shoes, socks and shorts. Uniform shirt will be provided.

Cost: \$35 Per Person (Early Bird); \$40 (Regular); \$45 (Late)

Early Bird Registration: now through Sunday, January 27th

Regular Registration: Monday, January 28th through Sunday, February 3rd

Late Registration: Monday, February 4th through Sunday, February 10th

Due to facility and other limitations, late registrations may not be accepted. A wait list will be utilized to accept participation and may be limited to the first 30 registrations.

Please complete the following during this registration process:

1. ALL PARTICIPANTS MUST COMPLETE THIS WAIVER FORM FOR CINCINNATI TRACK CYO (CTCYO) PRIOR TO BEING PERMITTED TO PRACTICE (PLEASE PRINT AND RETURN TO MATT ARLING PRIOR TO 2/17):  
<https://sites.google.com/site/cincinnati-track-cyo/formsdocuments/CYO%20Track%20and%20Field%20Liability%20Release%20Form.pdf?attredirects=0&d=1>
2. Per new Ohio Law, effective August 1, 2017 (Lindsay's Law), ALL COACHES, ATHLETES AND PARENTS, MUST COMPLETE THE BELOW WAIVER AND VIEW THE ATTACHED VIDEO PRIOR TO BEING PERMITTED TO PLAY OR PRACTICE:  
<https://goo.gl/forms/WmWeCvWb5iBBwSdO2>

REQUIRED SUDDEN CARDIAC ARREST HANDOUT: <https://www.odh.ohio.gov/-/media/ODH/ASSETS/Files/chss/Lindsay-Law/Parent-Guardian.pdf?la=en>

REQUIRED VIDEO: <https://www.youtube.com/watch?v=s-YfCWQPeqw&feature=youtu.be>

Need help with the fees? Confidential need-based sports scholarships are available for families in need. All interested children are encouraged to play regardless of league financial requirements. All inquiries are held in confidence.

Questions? Please contact:

Track Coordinator: Matthew Arling - [matthewarling@yahoo.com](mailto:matthewarling@yahoo.com)